

Long Beach Grunions

25 Yard Short Course Records

2003-present updated May 15, 2022

18-24						
Enrique Ochoa	24.77	2004	50 free	2004	26.11	Jacqueline Cole
Enrique Ochoa	57.95	2003	100 free	2004	58.46	Jacqueline Cole
Charles Sandlin	2:30.03	2006	200 free	2005	2:09.04	Jacqueline Cole
Enrique Ochoa	5:54.74	2004	500 free	2005	5:52.23	Jacqueline Cole
			1000 free			
			1650 free			
Patrick Briney	32.67	2004	50 back	2004	33.61	Jacqueline Cole
Chris Kosienski	1:54.32	2008	100 back			
			200 back			
Patrick Briney	33.81	2004	50 breast	2004	41.37	Cathy Chou
Patrick Briney	1:12.72	2004	100 breast	2003	1:20.89	Jacqueline Cole
			200 breast			
Howie Realubit	28.12	2004	50 fly	2005	30.27	Jacqueline Cole
Howie Realubit	1:02.30	2004	100 fly	2005	1:08.98	Jacqueline Cole
			200 fly	2005	2:43.22	Jacqueline Cole
Howie Realubit	1:04.45	2004	100 I.M.	2004	1:08.23	Jacqueline Cole
Howie Realubit	2:37.29	2004	200 I.M.	2005	2:31.46	Jacqueline Cole
			400 I.M.			
25-29						
Michael Capasso	23.60	2005	50 free	2008	26.02	Jacqueline Cole
Michael Capasso	53.50	2005	100 free	2008	1:02.74	Jacqueline Cole
Taylor Rowe	1:57.10	2022	200 free	2010	2:12.37	Jacqueline Cole
Michael Capasso	5:35.27	2005	500 free	2019	6:03.40	Lauren Nico
Enrique Ochoa	12:52.52	2007	1000 free	2019	13:04.08	Hayley Berryhill
Taylor Rowe	19:50.21	2022	1650 free	2019	22:14.66	Hayley Berryhill
Michael Capasso	27.09	2005	50 back	2022	30.42	Annie Sumioka
Michael Capasso	1:00.41	2005	100 back	2019	1:08.87	Hayley Berryhill
			200 back	2019	2:28.54	Lauren Nico
Michael Capasso	32.61	2005	50 breast	2022	36.44	Annie Sumioka
David Royer	1:25.44	2006	100 breast	2010	1:22.73	Jacqueline Cole
Bill Roberts	3:08.69	2005	200 breast	2019	2:53.14	Hayley Berryhill
Drew Giacobe	26.29	2004	50 fly	2022	29.59	Annie Sumioka
Taylor Rowe	1:00.25	2022	100 fly	2019	1:11.08	Lauren Nico
			200 fly	2019	2:35.29	Lauren Nico
Michael Capasso	59.81	2005	100 I.M.	2010	1:07.70	Jacqueline Cole
Enrique Ochoa	2:36.00	2007	200 I.M.	2008	2:28.32	Jacqueline Cole
			400 I.M.	2010	5:29.27	Jacqueline Cole

30-34						
Erik Scollon	22.60	2005	50 free	2012	27.27	Jacqueline Cole
Erik Scollon	51.20	2004	100 free	2011	1:02.33	Jacqueline Cole
Erik Scollon	1:51.22	2005	200 free	2014	2:16.47	Jax Cole
Erik Scollon	5:11.88	2005	500 free	2011	6:37.37	Jacqueline Cole
Brian Kremers	11:18.67	2007	1000 free	2008	19:31.43	Dana Saavedra
Erik Scollon	18:50.84	2005	1650 free	2013	21:41.16	Jacqueline Cole
Erik Scollon	26.35	2005	50 back	2012	33.55	Jacqueline Cole
Erik Scollon	57.57	2005	100 back	2011	1:17.05	Jacqueline Cole
Erik Scollon	2:08.11	2005	200 back	2013	2:44.85	Jacqueline Cole
Erik Scollon	30.42	2003	50 breast	2015	33.11	Jax Cole
Brian Kremers	1:07.60	2007	100 breast	2011	1:22.34	Jacqueline Cole
Erik Scollon	2:23.94	2005	200 breast	2013	2:59.05	Jacqueline Cole
Erik Scollon	24.33	2005	50 fly	2012	30.50	Jacqueline Cole
Erik Scollon	55.72	2003	100 fly	2014	1:13.98	Jax Cole
Erik Scollon	2:09.03	2005	200 fly	2013	2:59.54	Jacqueline Cole
Erik Scollon	55.74	2005	100 I.M.	2012	1:10.01	Jacqueline Cole
Erik Scollon	2:06.34	2004	200 I.M.	2013	2:38.48	Jacqueline Cole
Erik Scollon	4:34.43	2005	400 I.M.	2011	5:41.20	Jacqueline Cole
35-39						
Erik Nielson	23.68	2004	50 free	2013	28.04	Amy Wheeler
Ryan Blaney	53.32	2013	100 free	2018	1:08.95	Alison Swain
Ryan Blaney	2:01.78	2013	200 free	2018	2:21.28	Alison Swain
Brian Kremers	5:25.94	2012	500 free	2018	6:18.99	Alison Swain
Ken Bixler	11:25.14	2008	1000 free			
Brian Kremers	19:28.95	2012	1650 free			
Kurt Murdoch	27.24	2004	50 back	2013	33.67	Amy Wheeler
Kurt Murdoch	59.06	2003	100 back	2013	1:27.57	Sara Gilliland
Kurt Murdoch	2:10.41	2005	200 back	2017	4:30.13	Dana Pugh
Ken Bixler	29.94	2008	50 breast	2013	38.31	Amy Wheeler
Ken Bixler	1:06.76	2008	100 breast	2016	2:31.92	Dana Pugh
Ken Bixler	2:30.71	2009	200 breast	2017	5:17.10	Dana Pugh
Brian Kremers	26.10	2013	50 fly	2013	31.22	Amy Wheeler
Brian Kremers	1:00.41	2012	100 fly	2016	1:28.01	Jax Cole
Brent Garriepy	2:27.70	2013	200 fly	2017	5:31.04	Dana Pugh
Kurt Murdoch	59.73	2004	100 I.M.	2013	1:11.03	Amy Wheeler
Brian Kremers	2:12.91	2012	200 I.M.	2022	2:52.91	Elizabeth Brandlin
Brian Kremers	4:54.30	2012	400 I.M.	2016	6:16.54	Jax Cole
40-44						
Mike Burdick	24.04	2019	50 free	2009	30.77	Agnes Wagner
Brian Kremers	55.07	2016	100 free	2008	1:11.41	Kirsten Nielson
Brian Kremers	2:00.03	2017	200 free	2009	3:17.76	Robyn Utu
Steve Segreto	5:24.77	2006	500 free	2009	9:01.99	Robyn Utu
Brian Kremers	11:27.27	2016	1000 free	2005	18:55.98	Liz Ball

Brian Kremers	18:59.63	2016	1650 free	2005	23:09.56	Anita Correa
Kurt Murdoch	27.43	2007	50 back	2022	38.48	Abby Taylor
Kurt Murdoch	58.48	2008	100 back	2022	1:24.16	Abby Taylor
Kurt Murdoch	2:12.12	2007	200 back	2016	3:57.78	Liz Carlin
Brian Kremers	30.70	2016	50 breast	2022	40.73	Abby Taylor
Brian Kremers	1:08.93	2016	100 breast	2005	1:35.40	Vicki Roberts
Brian Kremers	2:36.77	2016	200 breast	2008	3:32.73	Kirsten Nielson
Steve Segreto	25.40	2005	50 fly	2008	34.94	Kirsten Nielson
Steve Segreto	56.62	2005	100 fly	2005	1:32.11	Vicki Roberts
Steve Segreto	2:11.60	2006	200 fly	2016	4:32.06	Liz Carlin
Brian Kremers	1:00.07	2016	100 I.M.	2008	1:21.07	Kirsten Nielson
Brian Kremers	2:15.12	2016	200 I.M.	2008	3:00.42	Kirsten Nielson
Brian Kremers	4:53.07	2016	400 I.M.	2010	6:43.42	Agnes Wagner
45-49						
Thomas Boyd	24.48	2003	50 free	2006	31.92	Pat Powers
Brian Kremers	53.53	2022	100 free	2006	1:10.46	Pat Powers
Brian Kremers	1:59.78	2022	200 free	2007	2:35.19	Pat Powers
Thomas Boyd	5:28.89	2006	500 free	2006	6:54.83	Pat Powers
Brian Kremers	11:28.16	2022	1000 free	2005	14:15.89	Pat Powers
Thomas Boyd	19:28.37	2006	1650 free	2007	27:15.42	Annette Barnett
Brian Kremers	28.20	2019	50 back	2007	41.50	Julie Kennon
Brian Kremers	1:01.40	2022	100 back	2007	1:25.68	Julie Kennon
Brain Kremers	2:13.71	2022	200 back	2007	3:53.61	Annette Barnett
Ken Bixler	31.58	2017	50 breast	2007	41.40	Julie Kennon
Ken Bixler	1:10.57	2017	100 breast	2007	1:30.06	Julie Kennon
Bill Butler	2:51.12	2005	200 breast	2007	3:17.71	Julie Kennon
Steve Segreto	25.93	2009	50 fly	2007	33.39	Julie Kennon
Steve Segreto	58.49	2009	100 fly	2007	1:20.38	Julie Kennon
Thomas Boyd	2:24.33	2005	200 fly	2007	3:49.20	Annette Barnett
Brian Kremers	1:01.88	2019	100 I.M.	2007	1:19.55	Julie Kennon
Brian Kremers	2:13.57	2019	200 I.M.	2007	2:56.01	Julie Kennon
Thomas Boyd	5:05.39	2005	400 I.M.	2007	7:15.38	Annette Barnett
50-54						
Thomas Boyd	25.79	2009	50 free	2004	29.42	Patricia Hayes
Scott Nichols	55.95	2022	100 free	2009	1:06.88	Heather Lambert
Scott Nichols	2:02.78	2022	200 free	2010	2:39.54	Pat Powers
Chris Fowler	6:20.60	2018	500 free	2008	6:45.29	Pat Powers
Chris Fowler	13:16.72	2018	1000 free	2008	15:16.75	Heather Lambert
Chris Fowler	21:54.59	2020	1650 free	2010	23:55.96	Pat Powers
Thomas Boyd	31.19	2009	50 back	2007	35.89	Heather Lambert
Chris Fowler	1:22.72	2019	100 back	2022	1:21.94	Abby Taylor
Chris Fowler	2:59.79	2019	200 back	2018	4:16.88	Robyn Utu
Thomas Boyd	34.09	2009	50 breast	2004	39.04	Patricia Hayes
Yuji Utsumi	1:23.46	2011	100 breast	2007	1:36.77	Heather Lambert

Yuji Utsumi	3:11.94	2010	200 breast	2011	4:04.96	Susan Duquesnel
Scott Nichols	27.91	2022	50 fly	2007	31.99	Heather Lambert
Scott Nichols	1:01.21	2022	100 fly	2007	1:21.68	Heather Lambert
Howard Ferguson	3:10.35	2009	200 fly	2008	3:18.31	Patricia Hayes
Thomas Boyd	1:07.37	2007	100 I.M.	2007	1:16.45	Heather Lambert
Yuji Utsumi	3:11.35	2010	200 I.M.	2007	2:55.25	Heather Lambert
Chris Fowler	6:00.35	2020	400 I.M.	2008	6:29.64	Heather Lambert
			55-59			
Robert Davie	27.08	2008	50 free	2009	29.68	Heather Lambert
Robert Davie	1:00.38	2007	100 free	2011	1:08.72	Heather Lambert
Robert Buechting	2:20.08	2022	200 free	2011	2:40.91	Heather Lambert
Robert Davie	5:54.77	2008	500 free	2010	7:09.60	Heather Lambert
Robert Davie	12:10.86	2008	1000 free	2013	14:40.12	Pat Powers
Robert Davie	20:37.26	2008	1650 free	2016	24:27.62	Pat Powers
Stephen Morris	34.12	2022	50 back	2010	38.43	Heather Lambert
Robert Davie	1:11.14	2008	100 back	2010	1:34.77	Heather Lambert
Robert Davie	2:33.16	2008	200 back	2010	3:14.26	Heather Lambert
Thomas Sheahan	36.10	2022	50 breast	2010	42.52	Heather Lambert
Thomas Sheahan	1:24.99	2022	100 breast	2010	1:40.22	Heather Lambert
Thomas Sheahan	3:09.96	2022	200 breast	2010	3:36.73	Heather Lambert
Stephen Morris	30.80	2022	50 fly	2009	33.21	Heather Lambert
Mike Miranda	1:39.64	2019	100 fly	2009	1:20.11	Heather Lambert
Mike Miranda	3:43.66	2017	200 fly	2009	3:07.36	Heather Lambert
Jim Nelson	1:13.93	2022	100 I.M.	2011	1:22.63	Heather Lambert
Howard Ferguson	2:58.47	2011	200 I.M.	2013	3:12.06	Heather Lambert
Howard Ferguson	6:30.88	2011	400 I.M.	2009	7:53.39	Anne Jacobus
			60-64			
Kurt Thornburg	28.33	2022	50 free	2017	30.39	Heather Lambert
Stephen Morris	1:02.27	2022	100 free	2015	1:10.94	Heather Lambert
Kurt Thornburg	2:24.51	2022	200 free	2015	2:49.48	Heather Lambert
Mark Holt	8:36.02	2022	500 free	2022	7:48.67	Pat Powers
Mark Holt	16:25.98	2022	1000 free	2022	15:40.14	Pat Powers
Steve Kovary	23:57.30	2005	1650 free	2019	24:44.15	Pat Powers
Stephen Morris	32.87	2022	50 back	2016	42.24	Heather Lambert
Stephen Morris	1:19.81	2022	100 back	2016	1:33.16	Heather Lambert
Kim Onisko	3:13.77	2020	200 back	2009	7:26.84	Anita Cole
Bill Butler	37.24	2018	50 breast	2010	47.77	Andrea Thresh
Bill Butler	1:23.41	2018	100 breast	2015	1:47.09	Heather Lambert
Bill Butler	3:11.49	2018	200 breast	2014	4:01.93	Anne Jacobus
Stephen Morris	30.21	2022	50 fly	2017	35.73	Heather Lambert
Kim Onisko	1:23.74	2016	100 fly	2015	1:28.97	Heather Lambert
Bart Parnes	4:20.64	2018	200 fly	2017	3:20.28	Heather Lambert
Stephen Morris	1:15.43	2022	100 I.M.	2015	1:20.22	Heather Lambert
Steve Kovary	3:23.75	2005	200 I.M.	2015	3:13.00	Heather Lambert

Bart Parnes	8:12.95	2018	400 I.M.	2019	7:49.06	Heather Lambert
			65-69			
Kim Onisko	28.51	2022	50 free	2022	32.17	Heather Lambert
Kim Onisko	1:05.47	2022	100 free	2022	1:14.87	Heather Lambert
Craig Coffin	2:30.79	2013	200 free	2018	3:00.86	Nancy Stanbury
Moose Dobra	6:35.95	2022	500 free	2018	8:02.84	Nancy Stanbury
Moose Dobra	13:33.38	2022	1000 free	2018	16:39.87	Nancy Stanbury
Moose Dobra	22:26.01	2022	1650 free	2018	28:05.57	Nancy Stanbury
Bill Butler	38.01	2022	50 back	2018	50.25	Nancy Stanbury
Kim Onisko	1:26.67	2022	100 back	2018	1:49.42	Nancy Stanbury
Jeff Dobra	3:15.91	2020	200 back	2019	3:58.07	Nancy Stanbury
Bill Butler	38.50	2022	50 breast	2019	46.08	Nancy Stanbury
Bill Butler	1:25.30	2022	100 breast	2018	1:39.77	Nancy Stanbury
Bill Butler	3:14.33	2022	200 breast	2018	3:43.27	Nancy Stanbury
Kim Onisko	32.53	2022	50 fly	2022	45.36	Heather Lambert
Stan Smith	1:28.48	2022	100 fly	2018	1:49.17	Nancy Stanbury
Stan Smith	4:27.38	2015	200 fly	2018	4:09.69	Nancy Stanbury
Kim Onisko	1:20.91	2022	100 I.M.	2018	1:38.75	Nancy Stanbury
Jeff Dobra	3:18.38	2020	200 I.M.	2018	3:38.89	Nancy Stanbury
Kim Onisko	7:16.05	2022	400 I.M.	2018	8:08.38	Nancy Stanbury
			70-74			
Rick Miller	30.14	2020	50 free	2020	41.44	Nancy Stanbury
Stan Smith	1:26.40	2022	100 free	2020	1:30.84	Nancy Stanbury
Stan Smith	3:14.91	2018	200 free	2020	3:20.88	Nancy Stanbury
Rick Miller	7:29.69	2020	500 free	2020	8:40.46	Nancy Stanbury
Stan Smith	18:06.01	2018	1000 free	2020	17:57.29	Nancy Stanbury
Stan Smith	31:57.49	2018	1650 free	2022	51:25.31	Anita Cole
Stan Smith	57.48	2020	50 back	2020	54.98	Nancy Stanbury
Stan Smith	2:13.56	2018	100 back	2020	1:58.01	Nancy Stanbury
Stan Smith	4:37.67	2018	200 back	2020	4:21.47	Nancy Stanbury
Stan Smith	53.29	2018	50 breast	2020	48.31	Nancy Stanbury
Rick Miller	1:29.05	2022	100 breast	2020	1:50.39	Nancy Stanbury
Stan Smith	4:30.39	2018	200 breast	2020	3:57.51	Nancy Stanbury
Rick Miller	33.70	2020	50 fly	2020	50.01	Nancy Stanbury
Rick Miller	1:19.00	2020	100 fly	2020	1:53.42	Nancy Stanbury
Rick Miller	3:07.68	2020	200 fly	2018	12:06.08	Anita Cole
Rick Miller	1:19.98	2020	100 I.M.	2020	1:50.83	Nancy Stanbury
Rick Miller	3:01.76	2020	200 I.M.	2020	3:57.90	Nancy Stanbury
Rick Miller	6:29.07	2020	400 I.M.	2018	15:25.02	Anita Cole
			75-79			
			50 free			
			100 free			
			200 free			
			500 free			

			1000 free			
			1650 free			
			50 back			
			100 back			
			200 back			
			50 breast			
			100 breast			
			200 breast			
Rick Miller	34.74	2022	50 fly			
Rick Miller	1:20.02	2022	100 fly			
Rick Miller	3:10.17	2022	200 fly			
			100 I.M.			
			200 I.M.			
Rick Miller	6:32.94	2022	400 I.M.			