

Long Beach Grunions

50 Meter Long Course Records

2003-present updated August 18, 2025

18-24						
Enrique Ochoa	29.13	2004	50 free	2024	29.95	Savannah Plaskon
Enrique Ochoa	1:04.89	2004	100 free	2024	1:06.57	Savannah Plaskon
Enrique Ochoa	2:22.77	2004	200 free	2024	2:29.75	Savannah Plaskon
Enrique Ochoa	5:09.34	2004	400 free			
			800 free			
Jorge Jimenez	23:30.83	2009	1500 free	2022	23:22.17	Rhiannon Reese
Enrique Ochoa	36.30	2004	50 back			
Howie Realubit	1:25.60	2004	100 back	2022	1:21.68	Rhiannon Reese
			200 back			
Patrick Briney	40.09	2004	50 breast	2024	38.45	Savannah Plaskon
Howie Realubit	1:27.00	2003	100 breast	2024	1:23.90	Savannah Plaskon
Howie Realubit	3:23.62	2004	200 breast	2022	3:18.12	Rhiannon Reese
Enrique Ochoa	31.49	2004	50 fly	2024	31.55	Savannah Plaskon
Enrique Ochoa	1:11.19	2004	100 fly	2022	1:15.99	Rhiannon Reese
Enrique Ochoa	2:57.39	2004	200 fly	2022	3:07.79	Rhiannon Reese
Howie Realubit	3:13.63	2004	200 I.M.	2004	2:53.51	Jacqueline Cole
			400 I.M.			
25-29						
Taylor Rowe	29.11	2022	50 free	2024	29.76	Rhiannon Reese
Drew Giacobe	1:03.20	2003	100 free	2024	1:05.42	Rhiannon Reese
Taylor Rowe	2:25.18	2022	200 free	2005	2:23.93	Jacqueline Cole
Kevin Clark	5:53.60	2004	400 free	2024	5:11.48	Rhiannon Reese
			800 free	2024	11:29.93	Rhiannon Reese
David Royer	28.27.47	2006	1500 free	2024	22:19.79	Rhiannon Reese
Drew Giacobe	35.77	2003	50 back	2021	34.67	Annie Sumioka
			100 back	2021	1:17.61	Annie Sumioka
Kevin Clark	3:32.60	2004	200 back	2018	2:56.20	Hayley Berryhill
			50 breast	2023	41.29	Rhiannon Reese
			100 breast	2024	1:33.41	Rhiannon Reese
David Royer	3:44.68	2006	200 breast	2024	3:22.47	Rhiannon Reese
Kevin Clark	37.46	2004	50 fly	2024	32.83	Rhiannon Reese
			100 fly	2024	1:14.84	Rhiannon Reese
			200 fly	2024	2:52.11	Rhiannon Reese

Taylor Rowe	2:43.49	2022	200 I.M.	2023	2:48.43	Rhiannon Reese
David Royer	8:01.47	2006	400 I.M.	2007	6:23.92	Jacqueline Cole
30-34						
Drew Giacobe	26.68	2004	50 free	2013	30.49	Jackie Corcoran
Erik Scollon	56.01	2004	100 free	2013	1:04.56	Jackie Corcoran
Erik Scollon	2:09.03	2004	200 free	2013	2:19.66	Jackie Corcoran
Brian Kremers	4:46.19	2004	400 free	2014	5:31.09	Jax Cole
Brian Kremers	9:53.55	2004	800 free	2025	11:21.44	Maggie Gardner
Erik Scollon	19:27.94	2003	1500 free	2025	21:57.27	Maggie Gardner
Erik Scollon	29.98	2004	50 back	2023	40.51	Maggie Gardner
Brian Kremers	1:11.12	2004	100 back	2024	1:22.61	Maggie Gardner
Brian Kremers	2:27.90	2004	200 back	2024	2:53.89	Maggie Gardner
Erik Scollon	36.45	2004	50 breast	2021	48.14	Elizabeth Brandlin
Erik Scollon	1:20.47	2004	100 breast	2024	1:48.00	Amanda Siegel
Kjell Stava	4:15.81	2012	200 breast	2014	3:28.31	Jax Cole
Erik Scollon	27.19	2004	50 fly	2023	35.32	Annie Sumioka
Erik Scollon	59.75	2005	100 fly	2023	1:23.01	Maggie Gardner
Erik Scollon	2:20.39	2005	200 fly	2024	3:02.93	Maggie Gardner
Erik Scollon	2:18.67	2004	200 I.M.	2011	3:26.60	Monica Turner
Erik Scollon	5:02.63	2005	400 I.M.	2011	7:14.95	Monica Turner
35-39						
Erik Nielson	27.66	2004	50 free	2011	33.73	Lauren Goebel
Brian Kremers	1:02.08	2012	100 free	2016	1:12.72	Jax Cole
Brian Kremers	2:11.56	2011	200 free	2020	3:52.87	Lee Zeledon
Brian Kremers	4:41.08	2011	400 free			
Brian Kremers	10:33.70	2012	800 free			
Brian Kremers	20:17.61	2011	1500 free	2016	21:55.59	Jax Cole
Kurt Murdoch	30.57	2004	50 back	2016	42.67	Jax Cole
Kurt Murdoch	1:06.16	2004	100 back	2013	1:22.17	Amy Wheeler
Kurt Murdoch	2:23.79	2004	200 back			
Ken Bixler	34.62	2007	50 breast			
Ken Bixler	1:18.41	2009	100 breast			
Ken Bixler	2:57.04	2009	200 breast			
Brian Kremers	29.75	2012	50 fly	2013	34.02	Amy Wheeler
Brian Kremers	1:09.10	2012	100 fly	2011	1:39.65	Lauren Goebel
Brian Kremers	2:49.86	2012	200 fly			
Brian Kremers	2:25.72	2011	200 I.M.	2013	2:56.41	Amy Wheeler
Chris Zacharda	6:03.01	2006	400 I.M.			
40-44						

Brian Kremers	28.52	2013	50 free	2004	35.21	Vicki Roberts
Ken Bixler	1:01.41	2011	100 free	2016	1:17.72	Gusti Lind
Brian Kremers	2:17.22	2014	200 free	2007	3:03.78	Agnes Wagner
Brian Kremers	5:02.96	2013	400 free	2004	6:40.72	Vicki Roberts
Brian Kremers	10:09.18	2014	800 free	2017	17:53.08	Liz Carlin
Brian Kremers	20:16.57	2013	1500 free	2009	26:59.18	Agnes Wagner
Kurt Murdoch	30.47	2006	50 back	2023	44.79	Abby Taylor
Kurt Murdoch	1:05.76	2006	100 back	2023	1:38.99	Abby Taylor
Kurt Murdoch	2:28.60	2006	200 back	2009	3:42.56	Agnes Wagner
Ken Bixler	34.75	2011	50 breast	2016	45.48	Gusti Lind
Ken Bixler	1:19.49	2011	100 breast	2021	1:46.47	Abby Taylor
Ken Bixler	3:01.20	2011	200 breast	2013	5:15.34	Rachel Jiang
Ken Bixler	30.02	2011	50 fly	2004	39.21	Vicki Roberts
Brian Kremers	1:12.21	2015	100 fly	2018	2:28.61	Liz Carlin
Kurt Murdoch	3:10.20	2007	200 fly	2017	5:16.66	Liz Carlin
Brian Kremers	2:38.02	2013	200 I.M.	2007	3:34.30	Agnes Wagner
Brian Kremers	6:01.15	2013	400 I.M.	2018	10:17.40	Liz Carlin

45-49

Drew Giacobe	27.63	2020	50 free	2021	44.36	Liz Carlin
Tom Boyd	59.22	2004	100 free	2007	1:22.96	Julie Heather
Tom Boyd	2:14.23	2004	200 free	2007	3:10.94	Julie Kennon
Brian Kremers	4:55.22	2019	400 free	2007	7:04.35	Julie Kennon
Brian Kremers	10:20.79	2019	800 free	2021	16:08.74	Liz Carlin
Dean Zrucky	20:09.27	2018	1500 free	2006	27:23.72	Annette Barnett
Brian Kremers	32.29	2019	50 back	2011	59.01	Robyn Utu
Brian Kremers	1:13.61	2018	100 back	2007	1:46.04	Julie Kennon
Brian Kremers	2:31.95	2019	200 back	2007	3:43.20	Julie Kennon
Pat Tobin	37.46	2012	50 breast	2011	55.80	Robyn Utu
Brian Kremers	1:23.19	2018	100 breast	2007	1:43.64	Julie Kennon
Dean Zrucky	3:12.30	2020	200 breast	2007	3:49.37	Julie Kennon
Tom Boyd	29.38	2004	50 fly	2007	37.12	Julie Kennon
Tom Boyd	1:04.52	2004	100 fly	2007	2:10.33	Liz Carlin
Brian Kremers	3:09.30	2018	200 fly	2006	4:15.35	Annette Barnett
Tom Boyd	2:32.31	2004	200 I.M.	2023	4:27.26	Liz Carlin
Tom Boyd	6:00.39	2003	400 I.M.	2006	8:07.41	Annette Barnett

50-54

Brian Kremers	29.46	2023	50 free	2005	32.25	Patricia Hayes
Ken Bixler	1:04.12	2020	100 free	2005	1:14.02	Patricia Hayes
Chris Fowler	2:41.73	2018	200 free	2010	3:03.89	Pat Powers

Ken Bixler	5:06.11	2020	400 free	2007	6:18.73	Pat Powers
Ken Bixler	10:33.61	2020	800 free	2010	13:18.94	Pat Powers
Ken Bixler	20:26.58	2020	1500 free	2010	24:26.08	Pat Powers
Brian Kremers	35.77	2023	50 back	2005	43.75	Patricia Hayes
Brian Kremers	1:18.16	2023	100 back	2004	1:44.00	Patricia Hayes
Brian Kremers	2:56.25	2023	200 back	2007	3:39.65	Heather Lambert
Yuji Utsumi	40.21	2009	50 breast	2016	43.12	Rachel Jiang
Yuji Utsumi	1:31.63	2009	100 breast	2007	1:57.51	Patricia Hayes
Jesse White	3:35.70	2009	200 breast	2007	4:05.22	Heather Lambert
Brian Kremers	32.26	2023	50 fly	2007	36.48	Heather Lambert
Brian Kremers	1:23.40	2023	100 fly	2005	1:44.76	Patricia Hayes
Howard Ferguson	3:49.52	2004	200 fly	2007	3:46.90	Heather Lambert
Brian Kremers	2:55.79	2023	200 I.M.	2007	3:23.33	Heather Lambert
Howard Ferguson	7:34.45	2008	400 I.M.	2011	10:07.21.	Susan Duquesnel
			55-59			
Thomas Sheahan	30.15	2022	50 free	2012	35.09	Heather Lambert
Thomas Sheahan	1:09.10	2022	100 free	2011	1:24.06	Heather Lambert
Thomas Sheahan	2:38.16	2022	200 free	2011	2:58.82	Heather Lambert
Brendan Hickey	5:38.12	2022	400 free	2012	6:34.41	Pat Powers
Brendan Hickey	12:18.74	2025	800 free	2012	13:04.72	Pat Powers
Brendan Hickey	23:05.19	2023	1500 free	2013	25:10.30	Pat Powers
Stephen Morris	37.40	2021	50 back	2011	49.29	Heather Lambert
Stephen Morris	1:24.97	2021	100 back	2009	1:53.27	Karen Roberts
Brendan Hickey	3:32.66	2023	200 back	2009	3:58.64	Heather Lambert
Brendan Hickey	37.86	2023	50 breast	2009	55.05	Anne Jacobus
Brendan Hickey	1:28.85	2022	100 breast	2016	2:26.14	Ruth Rawlings
Brendan Hickey	3:16.38	2022	200 breast	2009	4:07.58	Heather Lambert
Jerry Corsi	35.02	2011	50 fly	2011	38.23	Heather Lambert
Brendan Hickey	1:39.55	2023	100 fly	2011	1:39.02	Heather Lambert
Brendan Hickey	3:50.83	2023	200 fly	2010	3:47.04	Heather Lambert
Brendan Hickey	3:17.95	2023	200 I.M.	2009	3:29.87	Heather Lambert
Howard Ferguson	7:05.61	2010	400 I.M.	2011	7:40.38	Heather Lambert
Brendan Hickey	7:05.61	2023	400 I.M.			
60-64						
Tommy Sheahan	31.49	2025	50 free	2016	34.44	Heather Lambert
Kim Onisko	1:14.69	2019	100 free	2014	1:19.47	Heather Lambert
Tommy Sheahan	2:50.47	2025	200 free	2016	3:02.49	Heather Lambert
Steve Kovary	6:08.61	2005	400 free	2020	7:10.57	Pat Powers
JC Werner	14:41.66	2024	800 free	2014	13:15.69	Heather Lambert

JC Werner	27:33.48	2024	1500 free	2020	27:39.46	Pat Powers
Stephen Morris	37.45	2023	50 back	2014	48.96	Heather Lambert
Stephen Morris	1:23.66	2022	100 back	2014	2:04.35	Anne Jacobus
Kim Onisko	3:43.65	2019	200 back	2014	4:06.80	Heather Lambert
Tommy Sheahan	41.54	2025	50 breast	2015	55.44	Heather Lambert
Tommy Sheahan	1:38.60	2025	100 breast	2011	2:11.26	Anne Jacobus
Bill Butler	3:40.73	2018	200 breast	2014	4:13.38	Heather Lambert
Stephen Morris	32.48	2023	50 fly	2014	38.95	Heather Lambert
Kim Onisko	1:46.50	2019	100 fly	2014	1:43.18	Heather Lambert
			200 fly	2014	3:49.21	Heather Lambert
Tommy Sheahan	3:18.82	2025	200 I.M.	2014	3:28.21	Heather Lambert
			400 I.M.	2014	7:45.52	Heather Lambert
			65-69			
Kim Onisko	32.39	2021	50 free	2019	34.86	Heather Lambert
Kim Onisko	1:13.00	2021	100 free	2021	1:28.88	Heather Lambert
Moose Dobra	2:52.61	2022	200 free	2019	3:17.95	Heather Lambert
Moose Dobra	6:01.88	2023	400 free	2021	7:27.19	Heather Lambert
Moose Dobra	12:15.24	2023	800 free	2021	15:00.60	Heather Lambert
Moose Dobra	23:33.63	2022	1500 free	2021	28:40.09	Heather Lambert
Kim Onisko	43.89	2021	50 back	2021	56.92	Heather Lambert
Kim Onisko	1:44.05	2021	100 back	2021	1:54.47	Heather Lambert
Kim Onisko	3:52.78	2021	200 back	2019	4:20.50	Heather Lambert
Bill Butler	44.21	2021	50 breast	2018	51.53	Nancy Stanbury
Bill Butler	1:40.98	2022	100 breast	2018	1:57.21	Nancy Stanbury
Bill Butler	3:44.94	2022	200 breast	2018	4:13.13	Nancy Stanbury
Jerry Corsi	36.67	2020	50 fly	2021	53.26	Heather Lambert
Kim Onisko	1:55.37	2025	100 fly	2021	1:58.88	Heather Lambert
Kim Onisko	5:01.79	2025	200 fly	2018	5:10.39	Nancy Stanbury
Jerry Corsi	3:29.75	2020	200 I.M.	2021	3:59.85	Heather Lambert
Kim Onisko	9:12.48	2025	400 I.M.	2021	8:28.25	Heather Lambert
70-74						
Rick Miller	35.02	2021	50 free	2023	45.15	Nancy Stanbury
Moose Dobra	1:21.92	2024	100 free	2022	1:43.03	Nancy Stanbury
Moose Dobra	2:48.18	2024	200 free	2019	3:47.90	Nancy Stanbury
Moose Dobra	5:49.47	2024	400 free	2019	7:16.19	Nancy Stanbury
Moose Dobra	12:06.54	2024	800 free	2019	15:43.38	Nancy Stanbury
Moose Dobra	22:44.61	2024	1500 free	2019	30:28.98	Nancy Stanbury
Richard Ammon	51.13	2010	50 back	2019	57.00	Nancy Stanbury
Rick Miller	1:41.31	2021	100 back	2019	2:14.17	Nancy Stanbury

Rick Miller	3:39.53	2021	200 back	2019	4:30.95	Nancy Stanbury
Rick Miller	46.23	2021	50 breast	2019	53.99	Nancy Stanbury
Rick Miller	1:46.48	2021	100 breast	2019	1:54.72	Nancy Stanbury
Stan Smith	4:29.36	2019	200 breast	2018	4:25.34	Nancy Stanbury
Rick Miller	39.90	2021	50 fly	2019	59.08	Nancy Stanbury
Rick Miller	1:34.49	2021	100 fly	2019	2:13.91	Nancy Stanbury
Rick Miller	3:47.59	2021	200 fly			
Rick Miller	3:28.45	2021	200 I.M.	2019	4:31.85	Nancy Stanbury
Rick Miller	7:39.14	2021	400 I.M.	2019	9:30.45	Nancy Stanbury
			75-79			
Stan Smith	44.97	2022	50 free	2024	46.73	Mimi Frank
Stan Smith	1:43.08	2022	100 free	2025	1:47.03	Nancy Stanbury
Stan Smith	3:55.15	2022	200 free	2025	3:59.72	Nancy Stanbury
Rick Miller	8:02.73	2025	400 free	2024	14:27.38	Anita Cole
Rick Miller	16:12.98	2024	800 free	2024	29:26.07	Anita Cole
Stan Smith	34:00.39	2023	1500 free			
Rick Miller	45.98	2023	50 back	2022	51.61	Mimi Frank
Rick Miller	1:38.87	2022	100 back	2024	1:56.97	Mimi Frank
Rick Miller	2:56.25	2023	200 back			
Rick Miller	44.97	2022	50 breast	2024	55.89	Nancy Stanbury
Rick Miller	1:45.61	2022	100 breast	2025	2:12.35	Nancy Stanbury
Rick Miller	4:08.65	2024	200 breast	2024	4:49.61	Nancy Stanbury
Rick Miller	39.46	2022	50 fly			
Rick Miller	1:35.06	2022	100 fly			
Rick Miller	3:38.80	2022	200 fly			
Rick Miller	3:41.53	2024	200 I.M.	2024	9:44.55	Anita Cole
Rick Miller	7:31.64	2022	400 I.M.	2022	19:25.39	Anita Cole